



# FOOD ALLERGEN GUIDE

Please find a guide to help you through our menu, if you have any problems please do not hesitate to ask a member of staff for further information.

Please be aware that our food may contain or come into contact with common allergens, such as dairy, eggs, wheat, soybeans, tree nuts, peanuts or wheat. While we take steps to minimize risk and safely handle the foods that contain potential allergens, please be advised that cross



## CELERY

This includes celery sticks, leaves, seeds and the roots called celeriac. You can find celery in celery salt, salads, meat products, soups and stock cubes.



## CRUSTACEANS

Crabs, lobster, prawns and crayfish are crustaceans. Shrimp paste, often used in Thai and South-East Asian cooking, is an ingredient to look out for.



## FISH

You find this in some fish sauces, pizzas, relishes, salad dressings, stock cubes and Worcestershire sauce.



## MILK

Milk is a common ingredient in butter, cheese, cream, milk powders and yoghurt. It can also be found in foods brushed or glazed with milk, and in powdered soups or sauces.



## MUSTARD

Liquid mustard, mustard powder and mustard seeds fall into this category. This ingredient can also be found in bread, curries, marinades, meat products, salad dressings, sauces and soups.



## PEANUTS

Peanuts are legumes and grow underground, which is why they are sometimes called groundnuts. Peanuts are often used as an ingredient in biscuits, cakes, curries, desserts, sauces (such as satay sauce) as well as in groundnut oil and peanut flour.



## SULPHUR DIOXIDE (sometimes known as sulphites)

This is an ingredient often used in dried fruit such as raisins, dried apricots and prunes. You might also find it in meat



## SOYA

Often found in bean curd, edamame beans, miso paste, textured soya protein, soya flour or tofu. Soya is a staple ingredient in oriental food. It can also be found in desiccated cream, meat products, sauces and vegetarian products.



## CEREALS CONTAINING GLUTEN

Wheat (such as spelt and khorasan wheat/kamut), rye, and oats are often found in foods containing flour, such as types of baking powder, batter, breadcrumbs, bread, and meat products, pasta, pastry, sauces, soups and fried food dusted with flour.



## EGGS

Eggs are often found in cakes, some meat products, meat pasta, quiche, sauces and pastries, or food brushed or glazed with egg.



## LUPIN

Yes, lupin is a flower but it is also found in flour. Lupin flour can be used in some types of bread, pastries and even pasta.



## MOLLUSCS

These include mussels, snails, cockles, scallops, oysters, but can also be commonly found in oyster sauce or as an ingredient in other dishes.



## TREE NUTS

Not to be mistaken with peanuts (which are actually a legume), this ingredient refers to nuts which grow on trees (includes cashew, walnuts, hazelnuts, almonds, and pistachio).



## SESAME SEEDS

These seeds can often be found in bread (sprinkled on hamburger buns for example), breadsticks, hummus and sesame oil and tahini. They are sometimes toasted and used in salads.





	MILK	MUSTARD	PEANUTS	SOYA	GLUTEN	EGGS	LUPIN	MOLLUSCS	TREE NUTS	SESAME SEEDS	SULPHUR DIOXIDE	CELERY	CRUSTACEAN S	FISH
BURGERS	Sliders	x	x		x	x	x			x		x		
	Big Moe's Cheeseburger	x	x		x	x	x			x		x		
	Classic American	x	x		x	x	x			x		x		
	Diner-mite	x	x		x	x	x			x		x		
	Fully Loaded	x	x		x	x	x			x		x		
	Brisket Burger	x	x		x	x	x			x		X		
	Grilled Cajun Chicken	x	x		x	x	x			x	x			x
	Classic Buttermilk Fried	x	x		x	x	x			x				
	BBQ Texan Strip Burger	x	x		x	x	X			x				
	Crispy Buffalo	x	x		x	x	x			x				
	Pulled Chicken	x	x		x	x	x			x				x
	Bean Burger	x	x		x	x	x			x	x			
Classic Vegan Burger			x	x	x		x		x					
MAINS	Big Moe's Classic Dog	x	x		x	x								
	Classic Mac 'N' Cheese	x	x		x	x								
	Brisket Mac 'N' Cheese	x	x		x	x								
	Chicken 'N' Waffle	x				x	x							
	Classic Vegan Dog		x			x						x		
KIDS MENU	Kids Grilled Chicken	x				x								
	Kids Beef Burger	x				x				x		x		
	Kids Chicken Burger	x	x			x	x			x				
	Kids Chicken Nuggets					x						x		
	Mini Moe's Breakfast	x				x	x							
	Mini Strawberry Pancake	x				x	x							
BREAKFAST	Breakfast waffle	x				x	x							
	The Big Boss	x				x	x		x					
	The Classic Stack	x				x	x							
	Choc Chip pancake	x			x	x	x							
	Nutella & Strawberries	x			x	x	x		x					



















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SOFT DRINKS	Smoothies (Blueberry															
	Apple Juice															
	Pineapple juice															
	Classic Homemade															
	Strawberry &															
	Mint & Cucumber															
	Passion Fruit & Mango															
	Strawberry and Lime												X			
	Mixed fruits												X			
	Ginger beer															
	root beer												X			
	Heineken 0.0						X									
Budweiser Prohibition																
MILKSHAKES	Ferrero Rocher	X			X	X				X						
	Kinder Bueno	X			X	X				X						
	Kinder Bueno White	X			X	X				X						
	Flake Milkshake	X														
	Oreo Cookie Milkshake	X			X	X										
	Vanilla Milkshake	X														
	Chocolate Milkshake	X			X	X				X						
	Strawberry Milkshake	X														
	Chocolate Milkshake	X			X	X				X						
Bubblegum Milkshake	X		X	X			X		X							



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MILKSHAK	Peanut Butter & Salted	x		x	x		x								
	Peanut Butter &	x		x	x	x	x			x					
	Cookie Dough Shake	x		x	x	x	x			x					
	Lotus Milkshake	x		x	x	x				x					
DESSERTS	Chocolate Chip Waffle	x		x	x	x	x			x					
	Lotus Biscoff Waffle	x		x	x	x	x			x					
	Oreo Waffle Stuffie	x		x	x	x	x			x					
	Chocolate Fudge Cake	x		x	x	x	x			x					
	Kinder Bueno	x		x	x	x	x			x					
	Lotus Biscoff	x		x	x	x	x			x					
	Oreo Cheesecake	x		x	x	x	x			x					
	Strawberry Choc Waffle	x		x	x	x	x			x					
	Kinder Bueno Waffle	x		x	x	x	x			x					
	Ferrero Rocher Waffle	x		x	x	x	x			x					
	Classic waffle	x			x	x	x								
	Churros Loops	x		x	x	x	x			x					
	Classic Choc Chip	x		x	x	x	x			x					
	Kinder Bueno Cookie	x		x	x	x				x					
	Lotus Biscoff Cookie	x		x	x	x	x			x					
	Oreo Cookie Dough	x		x	x	x	x			x					
	Raspberry Soft Swirl	x													
	Oreo Soft Swirl	x		x	x	x				x					
	Lotus Biscoff Soft Swirl	x		x	x	x				x					
	Dulce De Leche Soft	x		x						x					
Fudge Brownie Sundae	x		x	x	x	x	x		x						
Cookie Dough Sundae	x		x	x	x	x	x		x						
Birthday Cake Sundae	x		x	x	x	x	x		x						



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BAR TOPPINGS	Maple Syrup													
	Oreo Sauce	x		x	x	x			x					
	Nutella	x			x				x					
	Kinder Bueno Sauce	x		x	x				x					
	Raspberry Sauce													
	Dulce De Leche Sauce	x		x					x					
	Lotus Sauce			x	x	x			x					
	Chocolate Crunch	x				x								
	Milk Chocolate Sprinkle	x			x				x					
	Marshmallows	x			x									
	Hundred & Thousands					x								
	Florentine Wafer	x			x		x			x				
Chocolate Curl	x			x	x									
ICE CREAM FLAVOURS	Vanilla Ice Cream	x												
	Chocolate Chip Ice	x			x	x			x					
	Strawberry Ice Cream	x												
	Cookies & Cream Ice	x		x	x	x	x		x					
	Bubblegum Ice Cream	x		x	x		x		x					
	Salted Caramel Ice	x		x	x		x							
	Mint Chocolate Chip	x		x	x		x		x					
	Lotus Ice Cream	x		x	x	x	x		x					
	Cookie Dough Ice	x		x	x	x	x		x					
	Popcorn ice Cream	x		x	x		x		x					
	Reese's Ice Cream	x		x	x		x		x					
	Fudge Brownie Ice	x				x	x		x					
Edible Cookie Dough	x		x	x	x	x		x	x					